#### **Mediation Centers**

#### Mediation West (308) 635-2002

Serving the following counties: Arthur, Banner, Box Butte, Cheyenne, Dawes, Deuel, Garden, Grant, Hooker, Keith, Kimball, Morrill, Scotts Bluff, Sheridan, Sioux

### Central Mediation Center (308) 237-4692, 1-800-203-3452

Serving the following counties: Adams, Blaine, Buffalo, Chase, Clay, Custer, Dawson, Dundy, Franklin, Frontier, Furnas, Garfield, Gosper, Greeley, Hall, Hamilton, Harlan, Hayes, Hitchcock, Howard, Kearney, Lincoln, Logan, Loup, McPherson, Merrick, Nuckolls, Perkins, Phelps, Red Willow, Sherman, Thomas, Valley, Webster, Wheeler

#### Concord Center 402-345-1131

Serving Douglas and Sarpy Counties

The Mediation Center (402) 441-5740

Serving Lancaster County

### Nebraska Mediation Center (402) 753-9415, 1-866-846-5576

Serving the following counties: Antelope, Boone, Boyd, Brown, Burt, Cedar, Cherry, Colfax, Cuming, Dakota, Dixon, Dodge, Holt, Keya Paha, Knox, Madison, Nance, Pierce, Platte, Rock, Stanton, Thurston, Washington, Wayne

Tribes Served: Omaha, Winnebago, Northern Ponca, Santee Sioux

## The Resolution Center (402) 223-6061, 1-800-837-7826

Serving the following counties: Butler, Cass, Fillmore, Gage, Jefferson, Johnson, Nemaha, Otoe, Pawnee, Polk, Richardson, Saline, Saunders, Seward, Thayer, York The Department of Education is an equal opportunity employer and prohibits discrimination on the basis of race, color, creed, sex, national origin, marital status, or handicapping condition conformity with applicable laws. For more information, contact Personnel Manager, P.O. Box 94987, Lincoln, NE 68509, (402) 471-5026. The Client Assistance Program is 100 percent federally financed.

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# What is Mediation?



Mediation is a voluntary process in which two or more persons agree to work with an impartial mediator to assist them to resolve a dispute or conflict. A mediator helps parties realize and explain their needs, clarify issues, explore solutions and negotiate. The purpose of mediation is to help parties find a solution that will work for them.

# Why Should You Consider Mediation?

- It offers you and the staff person the opportunity to work together to resolve concerns.
- It is a way to protect your rights.
- It is private and confidential.
- It reduces stress.
- It opens up lines of communication.
- It is voluntary.
- It helps you identify what is important to you.
- It is flexible and convenient.
- It is timely.

# What You Should Know About Mediation:

Mediation involves you, the staff person, and one or two neutral mediators. You can also ask other resource people to participate.

You can speak for yourself in an informal, flexible setting.

The only preparation on your part is thinking about what you need.

Sessions usually last two to three hours.

The mediation center makes the necessary meeting arrangements.

If an agreement between you and the staff person is reached, participants will sign and receive a copy of the agreement. The agreement becomes part of your file. If no agreement is reached, you will have an opportunity to appeal.

Services are provided by trained volunteer mediators connected with nonprofit mediation centers located in your area.

## How Do You Start the Mediation Process?

You may call the Client Assistance Program (CAP). CAP will answer or resolve your questions or concerns you are having through negotiation, or by explaining policies and procedures.

If the Client Assistance Program or the Vocational Rehabilitation staff person determine mediation would be helpful in resolving a concern, the CAP or Voc Rehab staff person can initiate arrangements and pay for mediation.

You are welcome to call a mediation center with any questions you have about mediation services.

Client Assistance Program 301 Centennial Mall South PO Box 94987 Lincoln, Nebraska 68509 P.O. Box 94987 Lincoln, NE 68509 402.471.3656 V/TT (in Lincoln) 800.742.7594 V/TT (toll free)